

# Participate in a new research study designed to support women recently diagnosed with autism

## Study Title: Co-design and evaluation of peer-led program for and with Autistic women

### About the study:

Later diagnosis of autism for women can have an impact on their experiences of mental health. This study aims to develop and evaluate a virtual peer-led program to provide post-diagnostic supports and improve the mental well-being of autistic women

### What does participation involve?

- Take part in a group virtual peer support program once/week for 1.5hours, over 8 weeks
- Complete surveys
- Participate in an individual interview about your experience in the program

### Do you need support to participate?

We can work together to plan for support that you need to take part in this study

Compensation will be provided

### Who can participate?

If you:

- Identify as a woman
- 18 years old or older
- Received a formal diagnosis of autism in the last 8 months
- Live in Ontario
- Proficient in English
- Have access to a computer/phone
- Have access to the internet

### Contact info

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For information about programs and services at CAMH, please visit [www.camh.ca](http://www.camh.ca) or call 416-535-8501 (or 1-800-463-6273)

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